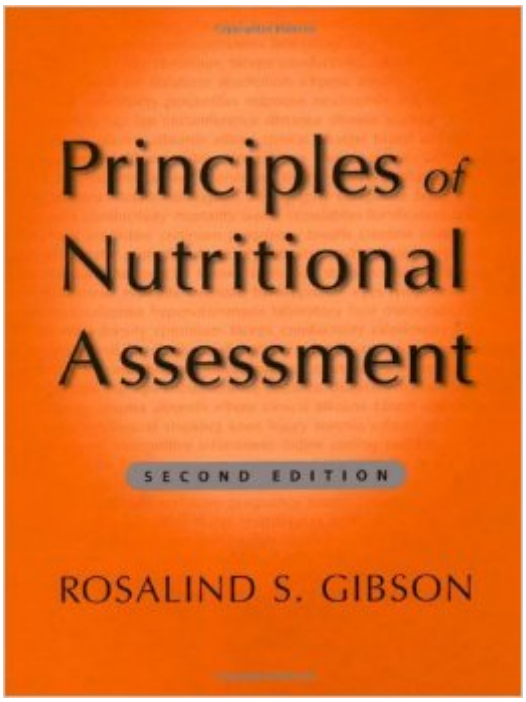
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Principles Of Nutritional Assessment



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Synopsis

This is a comprehensive text on the methods - dietary, anthropometric, laboratory and clinical - of assessing the nutritional status of populations and of individuals in the hospital or the community. This Second Edition incorporates recent data from national nutritional surveys in the US and Europe; the flood of new information about iron, vitamin A and iodine; the role of folate in preventing neural tube defects; the use of HPLC techniques and enzyme assays; improvements in data handling; and many other developments. A paperback edition of this book is available to readers living outside of North America and Europe. Interested parties should contact the author at: rsgibson@nutrition.earthlight.co.nz http://nutrition.earthlight.co.nz

Book Information

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Customer Reviews

"...an excellent piece of work. The book provides new insights and current understanding in the area of nutritional assessment. This is a must read for all students and practicing nutritionists." --African Journal of Food, Nutrition, Agriculture, and Development"The first edition in 1990 of Rosalind Gibson’s book in this field has become a Nutrition classic. All nutrition scientists, and those who depend on their work, from health care workers, to food regulators, policy makers and educators, can be relieved and pleased that there is now a new edition of this work, which turns out to be remarkably contemporary and relevant...This work is not only encyclopaedic on methodology and, therefore, an essential reference for nutrition practitioners, but provides much reconceptualism of our food and nutrition thinking."--Prof. Mark L. Wahlqvist, Asia Pacific Journal of Clinical

Nutrition"This second edition provides a needed update, given the significant increase in knowledge related to nutritional assessment as well as heightened research interest in the association between nutritional status and health. This is probably the best comprehensive reference in the field because it discusses the scientific principles of nutritional assessment as well as the application of nutritional assessment in both research and clinical practice settings."--Denise M. Ney, PhD, RD, Doody's"This valuable text and guide to nutritional assessment of individuals and populations is a welcome rarity, a comprehensive and authoritative book written by a single author."--Food and Nutrition Bulletin"...a timely, valuable and useful addition to the armamentarium of dietitians/nutritionists and other health professionals involved in nutrition."--South African Journal of Clinical Nutrition"I would recommend this book to all health care professionals involved in nutritional assessment in acute and community settings."--British Dietetic Association"I was delighted to find that the newly published, larger and bright orange(!) second edition remains equally encyclopaedic in its breadth and is wonderfully up to date...There is no question that this excellent update of Gibson's Principles of Nutritional Assessment will remain the essential reference book for nutrition students and researchers alike for many years to come."--British Journal of Nutrition

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Ideal methods of nutritional assessment are sensitive and specific. Unfortunately, it is difficult to achieve both in the assessment of nutritional status. Sensitivity refers to the ability of a technique to correctly identify those affected by a condition (for example, under-nutrition) as having that condition. Specificity refers to the ability of a technique to correctly classify normal individuals as having normal nutritional status. Body mass index is a global measure of nutritional status that illustrates the difference between these two constructs. Most persons who consume insufficient energy have low body mass index, so the measure is sensitive. However, there are other causes of low body mass index, including genetics and disease, so body mass index is not specific to nutritional status. The above are what I wanted to understand before I made the purchase and fortunately this book clearly in the most simple terms gave good insight into these issues thereby assisting me to have a good stepping stone to proffering solutions to diverse nutritional assessment problems.

This is a very good book for people in nutrition field especially those who would like to do some nutritional assessment.

It was of great quality and arrives in time~~Thanks,Di

unless your professor is definitely testing you on chapters in this text, it’s not worth buying. I bought it for a nutrition lab and ended up reading only one or two chapters.

Green Hardcover (1990 publication):A fantastic book; both technical and well referenced. I acquired this book years ago from during my graduate studies, and came to looking for an updated version. Found the green hardcover (1990) and the orange hardcover (2005) published versions. The 1990 version makes it difficult for me to suggest it is stil worth the price at ~$125. Get it used...and save a hundred dollars. The 2005 revision is less money; may entertain the purchase to compare.

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